



## Pre-Appointment Guidelines

The following restrictions are to ensure your skin is in the best possible condition for any of Taylor'd Beauty Cosmetic Tattooing Procedures.  
**Please come to all appointments and be prepared to acknowledge the following:**

- I have NOT received Botox or Fillers within the last 8 weeks in the area of the procedure.
- I have stopped all omega's and fish oils (with doctor consent) 1 week prior and the day of the procedure.
- All medications have been stable and the dosage has not changed within the last 8 weeks.
  - If you are on any of the following medications, please give us a call prior to booking your appointment to ensure these do not effect your procedure and proper healing.
    - Blood Thinners   -Heart Condition   -Accutane   -Immune - suppressants   -Radiation or Chemotherapy

**If you CAN NOT agree to any of the following conditions above, we MUST reschedule your appointment.**

### All clients

- Must take some type of Benadryl or antihistamine (allergy relief) 1 hour before your appointment. NO ADVIL or TYLENOL
- Do not use any tanning bed and avoid excessive sun exposure 24 hours prior to procedure.
- Avoid Coffee or Tea the morning of your appointment.
- Makeup is preferred, except eyeliner clients. Photos will be taken of your transformation. It is suggested clients bring makeup to reapply after the appointment.

### Eyeliner procedure

- Be prepared to remove contact lenses. (these can be reinserted after treatment)
- Lash Serums must be stopped minimally 2 weeks prior to the appointment.
- Lash Extensions must be removed 1 week prior to the appointment.

### Lip procedure

- Clients must start taking L-Lysine (1,000 MG /DAY) for 1 week prior to their appointment (This supplement can be found at any GNC or FeelRite store, etc.. This supplement is very important to ensure for proper healed results.)
- COLD SORES – if you are someone who is prone to cold sores you must take Valtrex (this is prescribed by your doctor). You must take it 2 days prior and 3 days after.
- Your lips MUST be properly hydrated. If your lips are chapped, you will not retain pigment in that area. You must hydrate your lips 1 to 2 weeks prior to your appointment. We recommend applying AQUAPHOR or OLIVE OIL to the lips 2x a day.
- Day 7 prior to your appointment, exfoliate lips by making a scrub mixing honey and sugar together.

### Brow procedure

- Do NOT exfoliate the procedural area for 24 hours before and 7 days after treatment.
- Please do not pluck or wax brows 3 days prior to the appointment.

### Areola Reconstruction procedure

- Exfoliate with a dry brush or loofah 48 hours before appointment.
- No spray tan 1 week prior to appointment.
- Do not wear any lotions or perfumes day of procedure.

### Pregnancy or Breastfeeding

**We will not perform any permanent makeup procedure during pregnancy or while breastfeeding.**

You will find this is the policy for most permanent makeup artists. In truth, there is very little scientific medical research on tattoo ink and pregnancy, nor is there any research on the ink we use (the ink in permanent makeup is different from tattoo ink).

### Acknowledgement

I thoroughly understand that Taylor'd Beauty is obligated to and will turn away any client if the technician does not feel the client will benefit from permanent makeup and/or if the technician feels they are putting either themselves or the client at risk.